

## Summary Table for Northeast Nebraska Public Health Department 2012

| Indicators   | Overall |      |      |       |      |      | Men  |      |      |       |      |      | Women |      |      |       |      |      |  |
|--|---------|------|------|-------|------|------|------|------|------|-------|------|------|-------|------|------|-------|------|------|--|
|  | LHD     |      |      | State |      |      | LHD  |      |      | State |      |      | LHD   |      |      | State |      |      |  |
|  | %       | L %  | U %  | %     | L %  | U %  | %    | L %  | U %  | %     | L %  | U %  | %     | L %  | U %  | %     | L %  | U %  |  |
| <b>General Health Status</b>                                     |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Fair or poor health  | 12.7    | 9.8  | 15.6 | 14.4  | 13.7 | 15.1 | 10.8 | 6.1  | 15.5 | 14.6  | 13.5 | 15.7 | 14.6  | 11.0 | 18.2 | 14.3  | 13.4 | 15.2 |  |
| <b>Health Care Access</b>  |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| No health care coverage, 18-64 years old                         | 14.0    | 7.9  | 20.1 | 18.0  | 17.0 | 19.0 | 11.9 | 4.7  | 19.2 | 20.3  | 18.8 | 21.8 | 16.3  | 6.4  | 26.2 | 15.7  | 14.4 | 16.9 |  |
| No personal health care provider                                 | 13.0    | 9.1  | 16.9 | 17.2  | 16.4 | 18.1 | 15.8 | 9.8  | 21.9 | 23.7  | 22.3 | 25.0 | 10.1  | 5.1  | 15.1 | 11.0  | 10.1 | 11.9 |  |
| Could not see a doctor in past year due to cost                  | 8.9     | 4.7  | 13.1 | 12.8  | 12.0 | 13.5 | 7.6  | 1.9  | 13.4 | 11.1  | 10.0 | 12.1 | 10.2  | 4.0  | 16.4 | 14.4  | 13.4 | 15.5 |  |
| <b>Chronic Disease</b>   |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Ever told they have heart disease                                | 6.5     | 3.3  | 9.8  | 6.0   | 5.5  | 6.4  | 6.4  | 3.7  | 9.1  | 7.6   | 6.9  | 8.3  | 6.6   | 0.7  | 12.5 | 4.4   | 4.0  | 4.9  |  |
| Ever told they had a stroke                                      | 2.2     | 1.3  | 3.1  | 2.4   | 2.2  | 2.7  | 2.0  | 0.6  | 3.4  | 2.7   | 2.2  | 3.1  | 2.4   | 1.3  | 3.5  | 2.2   | 1.9  | 2.5  |  |
| Ever told they have diabetes                                     | 11.6    | 8.8  | 14.4 | 8.1   | 7.6  | 8.6  | 12.1 | 7.5  | 16.8 | 8.3   | 7.6  | 9.1  | 11.1  | 7.9  | 14.3 | 7.9   | 7.2  | 8.5  |  |
| Ever told they have cancer                                       | 10.4    | 8.2  | 12.7 | 10.8  | 10.3 | 11.4 | 9.2  | 6.2  | 12.2 | 9.6   | 8.9  | 10.4 | 11.6  | 8.2  | 15.0 | 11.9  | 11.2 | 12.7 |  |
| Ever told they have COPD   | 4.9     | 1.7  | 8.0  | 5.3   | 4.9  | 5.8  | 2.5  | 0.9  | 4.0  | 4.7   | 4.1  | 5.2  | 7.2   | 1.2  | 13.3 | 6.0   | 5.4  | 6.6  |  |
| <b>Overweight and Obesity</b>                                    |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Obese (BMI=30+)  | 25.3    | 21.1 | 29.4 | 28.6  | 27.7 | 29.6 | 27.4 | 20.5 | 34.2 | 29.2  | 27.8 | 30.6 | 23.1  | 18.7 | 27.5 | 28.1  | 26.8 | 29.3 |  |
| Overweight or Obese (BMI=25+)                                    | 65.0    | 59.4 | 70.6 | 65.0  | 64.0 | 66.0 | 73.9 | 65.4 | 82.5 | 72.3  | 70.8 | 73.7 | 55.6  | 48.8 | 62.4 | 57.6  | 56.2 | 59.0 |  |
| <b>High Risk Behavior</b>  |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| No leisure-time physical activity in past 30 days                | 23.7    | 18.8 | 28.7 | 21.0  | 20.2 | 21.9 | 23.8 | 16.0 | 31.7 | 20.4  | 19.2 | 21.6 | 23.6  | 17.7 | 29.5 | 21.6  | 20.5 | 22.7 |  |
| Current smoker   | 15.7    | 11.6 | 19.8 | 19.7  | 18.8 | 20.6 | 15.9 | 9.7  | 22.2 | 21.4  | 20.1 | 22.7 | 15.5  | 10.1 | 21.0 | 18.1  | 17.0 | 19.2 |  |
| Currently use smokeless tobacco                                  | 5.2     | 2.5  | 8.0  | 5.1   | 4.6  | 5.6  | 9.7  | 4.4  | 15.0 | 9.5   | 8.6  | 10.5 | 0.9   | 0.0  | 2.1  | 0.8   | 0.5  | 1.1  |  |
| Binge drank in past 30 days                                      | 28.2    | 22.7 | 33.6 | 22.1  | 21.2 | 23.0 | 35.7 | 27.3 | 44.1 | 29.1  | 27.6 | 30.5 | 20.7  | 14.1 | 27.2 | 15.5  | 14.4 | 16.6 |  |
| Alcohol impaired driving in past 30 days                         | 5.7     | 2.1  | 9.4  | 3.4   | 3.1  | 3.8  | 9.6  | 2.5  | 16.7 | 5.5   | 4.8  | 6.2  | 2.0   | 0.5  | 3.4  | 1.4   | 1.1  | 1.7  |  |
| Always wear seatbelt when driving or riding in car               | 61.0    | 55.5 | 66.5 | 69.7  | 68.7 | 70.6 | 52.9 | 44.6 | 61.3 | 61.7  | 60.3 | 63.2 | 68.8  | 61.4 | 76.1 | 77.3  | 76.1 | 78.4 |  |
| <b>Mental Health</b>   |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Ever told they have depression                                   | 10.8    | 7.5  | 14.1 | 16.7  | 16.0 | 17.5 | 8.9  | 3.7  | 14.2 | 12.4  | 11.4 | 13.4 | 12.6  | 8.4  | 16.8 | 20.9  | 19.8 | 22.1 |  |
| <b>Cancer Screening</b>  |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Up-to-date on colon cancer screening, 50-75 year olds            | 50.1    | 43.9 | 56.3 | 61.1  | 59.7 | 62.6 | 52.3 | 42.8 | 61.7 | 58.4  | 56.2 | 60.7 | 47.7  | 40.5 | 55.0 | 63.6  | 61.8 | 65.4 |  |
| Up-to-date on breast cancer screening, females 50-74 year olds   | -       | -    | -    | -     | -    | -    | -    | -    | -    | -     | -    | -    | 65.5  | 58.1 | 72.9 | 69.9  | 68.1 | 71.7 |  |
| Up-to-date on cervical cancer screening, females 21-65 year olds | -       | -    | -    | -     | -    | -    | -    | -    | -    | -     | -    | -    | 85.7  | 80.8 | 90.5 | 83.1  | 82.0 | 84.2 |  |
| <b>Immunization</b>  |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Had a flu vaccination in past 12 months                          | 38.4    | 33.4 | 43.4 | 42.2  | 41.2 | 43.2 | 34.3 | 26.7 | 42.0 | 36.8  | 35.4 | 38.2 | 42.4  | 35.8 | 49.0 | 47.5  | 46.1 | 48.8 |  |
| <b>Oral Health</b>   |         |      |      |       |      |      |      |      |      |       |      |      |       |      |      |       |      |      |  |
| Visited a dentist for any reason in past 12 months               | 72.7    | 67.6 | 77.7 | 67.6  | 66.6 | 68.6 | 70.3 | 63.1 | 77.5 | 64.2  | 62.7 | 65.6 | 75.0  | 67.7 | 82.2 | 70.9  | 69.7 | 72.1 |  |

Note: % is weighted by health district, gender, and age; L% and U% are the lower and upper limits for the 95% confidence interval, respectively.

LHD=local/district health department; BMI=body mass index